

SCHEDULE

Date

March 21, 2026

Time

12:00 pm - 8:00 pm

Location

11131 Cargo Ct, Odessa, FL 33556

Presentation	Presenter	Start Time	Location
Check-in & Refreshments		12:00-1:00 pm	
Introduction to Inclusive/Adaptive Gymnastics: How do I start?	Jill Bosack Sigourney Weathers, PT	1:00-1:20 pm	Front Floor
One for ALL: Universal Designed Stations for Various Abilities	Carlene Naputi	1:30-2:20 pm	Big Gym
From Why to Welcome: Turning Values into an Inclusion Statement Families Can Feel	Natalie Fuertes	1:30-2:20 pm	Front Floor
How to run a preschool program with a colorful bouquet of children (Sign Language Incorporated)	Wendy Malone	1:30-2:20 pm	Preschool
Growing a HUGS team with little staff & Utilizing Xcel and other team gymnasts as volunteers and peer mentors	Hayley Parker	2:30-3:20 pm	Big Gym
Importance of Sports for Kids with Disabilities in Reducing Comorbidities & Atlantoaxial Instability	Dr. Kelly Willett	2:30-3:20 pm	Front Floor
Small gym with BIG ideas! Building an Inclusive Sports Education Business	Stayc Sharrow	2:30-3:20 pm	Preschool
Competitive Opportunities: Special Olympics, Para Gymnastics, USAG HUGs, AAU	Cindy Bickman Sarah Jane Clifford	3:30-4:20 pm	Big Gym
Behavioral Considerations When Working With Neurodivergent Athletes	Dr. Kelly Willett, MD Sigourney Weathers, PT	3:30-4:20 pm	Front Floor
How to modify any exercise or skill to become physically appropriate and inclusive & primitive reflex integration	Shira Lewis, PT	3:30-4:20 pm	Preschool
Live Interactive Sensory Session	Amy Rendon Sigourney Weathers, PT	4:30-5:20 pm	Big Gym
Marketing Strategies for Adaptive Gymnastics Programs, You Don't Build It Alone: Cross-Collaboration Strategies for Adaptive Gymnastics Programs	Jourdan Saunders	4:30-5:20 pm	Preschool

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Dinner & Closing Community Q&A		5:30-6:30 pm	
<p>Adaptive Trampoline Workshop</p> <p>This hands-on workshop explores how trampoline can be used as a powerful tool for regulation, connection, and inclusive skill development in preschool, recreational, and adaptive settings. Coaches will learn how to support athletes who move, communicate, and regulate differently while maintaining safety, structure, and flow in real classes. What you'll learn:</p> <ul style="list-style-type: none"> • How the physical properties of the trampoline impact regulation, safety, and skill readiness • Using different types of bounces and positions to support sensory, emotional, and nervous system regulation • Developmental progressions that meet athletes where they are—without forcing compliance • Practical strategies for inclusive class scenarios, games, and real-world coaching challenges • When to adapt within your current classes vs. when additional training or support is needed 	<p>Sigourney Weathers, PT Callum MacKinnon, OTR</p>	6:30-8:30 pm	Big Gym Trampoline

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From Dysregulation to Engagement: What Coaches Can Do When “Meltdowns” Happen in the Gym	Kyleigh Beatty, OTR	Pre-Recorded
Adapting Ninja & Parkour for All Athletes Inclusive Progressions That Maintain Challenge and Safety	Cora Wright	Pre-Recorded
6 sensory motor building blocks for ALL	Brandi Smith, PT	Pre-Recorded
Building a Coaching Staff That Works for Every Brain Systems, Supports, and Accommodations for Neurodivergent Coaches	Asifa Rahim	Pre-Recorded
Discover how trampolines can be used safely and effectively in disability settings as BounceOT’s founder connects real-world service leadership with new research findings.	Callum MacKinnon, OTR	Pre-Recorded
The Regulated Coach: How Co-Regulation, Self-Regulation, and Your Voice can Transform Inclusive Gymnastics	Lisa Mitzel	Pre-Recorded